

# Counseling & Mental Health

## (Home Campus Only)



*Prerequisite: Any Human Services courses equally 3 or more credits*

*Course: 1514A/B*

*Credits: 1*

*Length: 36 weeks*

*Placement: 10-12*

## Course Description

Students will interact with each other through role play and modeling to understand the roles of counselor and client. Students will study the legal and ethical issues involved in the counseling field and the importance of professionalism and unconditional positive regard when dealing with clients who live with life changing mental health diagnoses.

## Student Activities

Topics covered in this course:

- Study the language and vocabulary of counseling and mental health
- Research verbal and nonverbal communication skills
- Research career options and the preparation necessary for employment in mental health
- Study the ethical behavior standards and legal responsibilities related to mental health
- Students will learn how to maintain a safe environment to prevent hazardous situations including abuse